MISSION STATEMENT
To create health promoting communities, in which people have the knowledge, attitudes, skills and resources to reduce the risk of suicide in Vermont.

VERMONT RANKED 11th HIGHEST RATE OF SUICIDE IN NATION IN 2016

1,695 People were trained in Suicide Prevention in 2017 by VTSPC.

I am confident in my ability to successfully ASSESS suicidal patients

I am confident in my ability to successfully TREAT suicidal patients

Pre-Training Post-Training

Pre-Training 56% 80%

Pre-Training 39% 73%

Umatter Youth & Young Adults (YYA) 115 Youth Participants in 2017

“l know what to say or do to help a friend who is experiencing stress.”

Youth describing the three-step response to stress

Youth understanding that stress management can lead to positive changes

Youth understanding of difference between fixed and growth mindset
Survivor of Suicide Loss Resource Packets
Making a difference for those who lost a loved one to suicide.

200 RESOURCE PACKETS DISTRIBUTED
65 FUNERAL DIRECTORS RECEIVED RESOURCE PACKETS TO DISTRIBUTE

Zero Suicide Implementation
241 Clinicians within the Zero Suicide pilot sites have been trained in Collaborative Assessment and Management of Suicidality (CAMS) to date.

WHAT PEOPLE ARE SAYING ABOUT ZERO SUICIDE IMPLEMENTATION
Since implementing Zero Suicide, one agency has become much more proactive in how they screen and educate clients about lethal means safety. Educating families and caregivers of clients, too. This is partly due to having done the CALM training and having a greater focus on using structured tools/documents around lethal means.

A clinician at one of the DAs expressed that “CAMS is a huge part of what we do.” The model has been incorporated throughout the agency. This is incredibly helpful because they are using a common language and understanding. Teams at this agency are collaborating better because they are sharing the documentation they use with clients across different providers and programs.

For more information contact info@healthandlearning.org
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