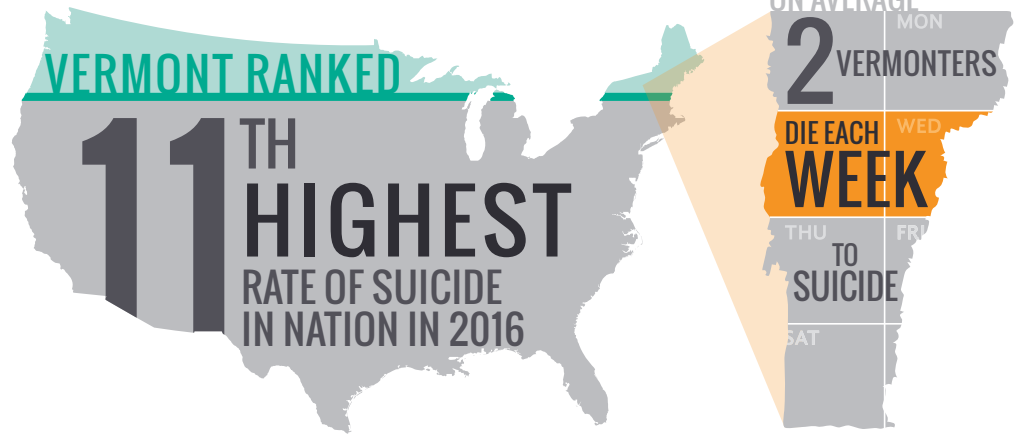


A Public-Private Partnership

MISSION STATEMENT

To create health promoting communities, in which people have the knowledge, attitudes, skills and resources to reduce the risk of suicide in Vermont.



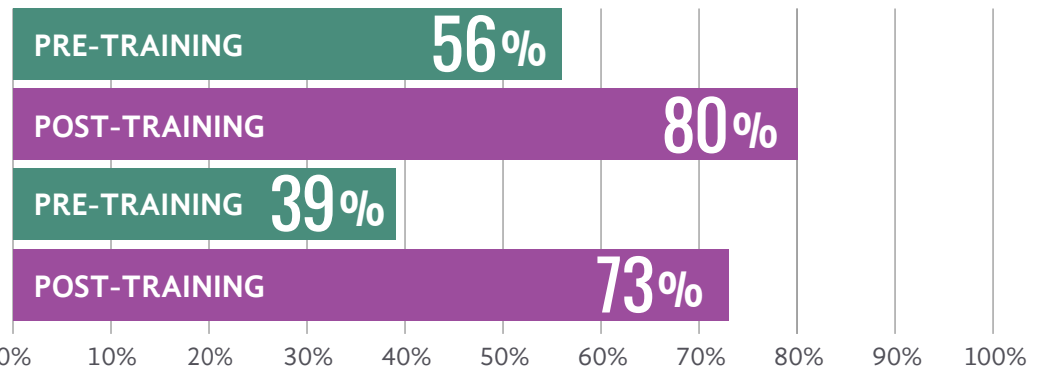
Umatter Trainings

1,695 People were trained in Suicide Prevention in 2017 by VTSPC.



Umatter Training of Trainers

I am confident in my ability to successfully **ASSESS** suicidal patients



I am confident in my ability to successfully **TREAT** suicidal patients

Umatter Youth & Young Adults (YYA) 115 Youth Participants in 2017

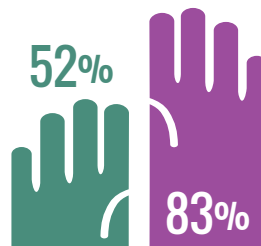
Pre-Training Post-Training



"I know what to say or do to help a friend who is experiencing stress."



Youth describing the three-step response to stress



Youth understanding that stress management can lead to positive changes



Youth understanding of difference between **fixed** and **growth** mindset

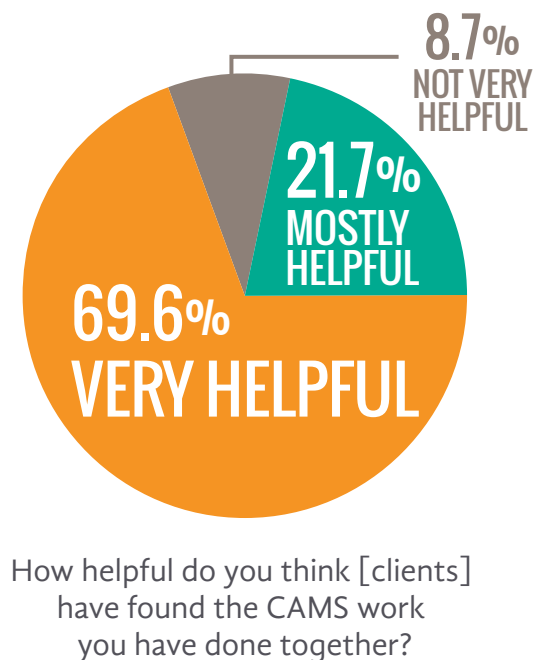
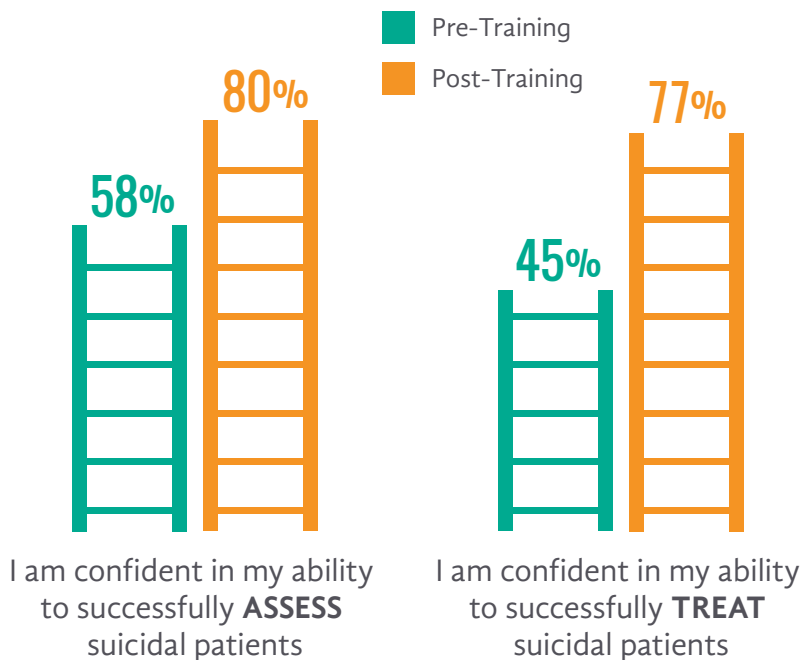
Survivor of Suicide Loss Resource Packets

Making a difference for those who lost a loved one to suicide.



Zero Suicide Implementation

241 Clinicians within the Zero Suicide pilot sites have been trained in Collaborative Assessment and Management of Suicidality (CAMS) to date.



WHAT PEOPLE ARE SAYING ABOUT ZERO SUICIDE IMPLEMENTATION

Since implementing Zero Suicide, one agency has become much more proactive in how they screen and educate clients about lethal means safety. Educating families and caregivers of clients, too. This is partly due to having done the CALM training and having a greater focus on using structured tools/documents around lethal means.

A clinician at one of the DAs expressed that **"CAMS is a huge part of what we do."** The model has been incorporated throughout the agency. This is incredibly helpful because they are using a common language and understanding. Teams at this agency are collaborating better because they are sharing the documentation they use with clients across different providers and programs.