

Regional Prevention Partnerships
Engaging Youth in Prevention
March 8, 2019
Gallery Walk Questions

Post CADCA or other group event, how do you keep the momentum going and incorporate youth who did not attend?

Schedule a meeting right away * Presentations at meetings following conference by students that attended
Let the youth who attended keep the momentum going for the next trip * Frame "tobacco" or issue as social justice to activist students* Provide leadership opportunities over and over again * Discussion and youth leadership presentations * Action planning while you are still there * Keep offering related trainings * Opportunities to communicate back what you learned to your community

EVALUATION

How are you measuring or defining success with youth engagement?

of youth involved and attendance at # of activities * Student (s) engaged on an individual level-doesn't need to be outspoken * YRBS across time * Process data:attendance #, debrief after presentations or activities * How many kids served * Pre & Post with youth. Increase in positive outcomes for youth * YRBS-importance to community * How many people who are willing to attend trips or meetings on their own time * Keep track of who attends meetings * Survey Monkey surveys to community * # people attending community events * RBA

SCHOOLS

What are your strategies for building/Maintaining/Expanding relationships with schools in order to access youth for prevention strategies?

Refuse to Use program reaching mountain communities and multiple schools * Reach out on all levels: SU, Coaches, student advisors, nurses * Get coalition staff on SU committees * Offer to teach SA Prevention * Face time (so they know who you are) * Provide school staff training-build relationships * Being present * BBBS *Youth 2 Youth * Having multiple events for schools and communities-more opportunities to engage *Be in connection with key people-principle on board, counselor, health teacher, SAP, social worker * Participate in Wellness Committee * Give first, ask later * Helping fund Getting to Y and conference/training fees * Working with SAP counselors, Meeting with local principal about medication safety program Generation RX *

GROUP DYNAMICS

What strategies and activities do you utilize for building group cohesion and creating a climate of trust?

Project Adventure: Great resource for team building, High 5 training on using activity bags and books, engaging tools * Use their ideas and ask permission /credit them * ATI safe space at school for come/go Outer Zone * Students establish group norms * Ice breaker and team building activities * Snacks/Foods * Have creative materials and fidget toys available * Mix up the group in some activities so they learn from different people * Group Guidelines * Asking questions to get youth perspective and following through with their ideas * Listen and give people things * Bring a friend, new friends or someone who is not involved with any groups * Honesty-listen-appreciative inquiry * Ice breakers games as part of every meeting * Big meetings being devoted largely to team building games.

RECOGNITION

What type of "celebration" events or activities have been successful working with high school and middle school youth?

7th Annual Bennington Youth Appreciation Day * Abstract: use their ideas * GSA * PSA Presentation that students made * Trip to local event or activity * Press release with photo * Awards and yearly recognition event * Little things-thank you notes- rose on Valentine's Day, small gift at Xmas * Parties-end of year celebration * Trainings * Recognize them in newsletters sent to the community

COALITION MEETINGS AND ACTIVITIES

How have engaged youth in coalition meeting and activities without having ev

Invite them to attend events or meetings * Give them the same recognition as adult members * Put them on the agenda as a regular agenda items "youth voice" * Youth representatives for the youth group attend coalition meetings (stipend) * Youth on steering Committee * Meet them where they are at * Time it when they can come * Just include them * Train adults on youth engagement before bringing youth in (Prevention Ethics)

FAMILY ENGAGEMENT

How have you been successful in communicating with families of youth engaged with prevention?

Include parents on the youth email list announcing meetings/agenda * Tabling at events * Harvest Fest @ school/other community events * Teen Room Challenge * Power school log in messages * Parent education events at the same time as dances at school * PTA groups * Community Dialogue Nights * Open House at school * Youth invite their parent to events they are involved in.

Cultural Competency

What culturally competent strategies have worked for recruiting and engaging diverse youth?

Marketing to people of all diversity * Ask teacher to nominate students to help make sure group represents the diversity of school * Finding and then going to those groups * Pizza * Partnership with QSA /GSA * Participation in Parent University-substance free values align with cultural/family values (focus on reaching these parents * Offer stipends.

INCENTIVES

What incentives have you used to engage youth? How were they funded?

Attendance goals s that youth can attend overnight trips like Y2Y * Prizes from local businesses-donations/incentives * Squishing "brains" stress balls, beach balls, Frisbees * Pizza/Food, recognitions, conference attendance * Interesting community partners * Amazon card-school/RPP, Dunkin donuts Cards, signing off on community service hours * Y2Y Eastern States * Attendance raffles * Do good work and recognize youth * Pay them for their time-write into grant * Pizza.

How do you balance keeping meetings fun and still addressing serious topics?

Music, ice breakers, youth plan the meeting * Should always have humor * By youth and adults establishing a focused prevention topic but then maybe including games and making connections with personal things everyone can relate to * Set agenda so they know they start off with fun and personal sharing and then get down to business * Bringing improve group to perform at community dinner * Keep it light * Established relationships with youth to provide safe space * Music playing as youth come in, Games and snacks * Rely on students to research topics * Segment the meetings * 75% fun, 25% content * Tap into student's interest * Fun themes, ice breakers, bad jokes * Always ask "what would you like to see happen in the school/community-input.

POLICY WORK

How have youth been involved with policy work?

Avoid tokenism-Give youth the information and let them decide the changes they want to see * Presentations to school admin for policy change. Presentations to town officials for policy changes-Key is preparation * Review and understand resolutions/policy and/or ordinance * Coordinate municipal meetings * Brainstorm language, research and rally * OVX Rally at Statehouse-talking with legislators * Social media, community TV and poetry to advocate for change * Elementary school wrote letter of support for policy * VT Afterschool and Youth Advocacy Council.