

# Spaghetti Tower

Supplies needed:

- Spaghetti (uncooked)
- Marshmallows
- Paper plate
- Prize or reward (optional)

Create teams of People. The size of the given the 64 people registered should be 6-8 people. Give each group some marshmallows and spaghetti. The goal of the exercise is to build the tallest tower possible out of the spaghetti and marshmallows. Allow the students 15-20 minutes to accomplish this. The team that has the highest tower wins a prize.

**TEAM-BUILDING:** The Spaghetti Tower could also be used as team-building exercise; in this case, you will probably want to make the groups smaller, perhaps 6-8 people per group. Afterwards, you could have participants explore questions such as 1) how well did your team work together, 2) who most helped the group pursue its goal, 3) what role did you play in the group, and 4) what would you do differently if given a second chance at this activity?

We can choose a fun way to divide up in teams of 6-8. Example: divide by seasons then by months within season. Youngest, oldest, middle or somewhere in between-then divide in half. ETC...

Also maybe create a backstory for the activity. Something like, the Office of National Drug Control Policy (ONDCP) has offered unlimited prevention funding to a community that can build the "Tallest Tower of Prevention". The only condition is that it must be made of marshmallows and spaghetti.